

Dear Mrs. Tanner,

Thank you so very much for recommending the Molloy psychology camp for me. I learned so many useful skills and the people there were really nice. The skills provided for me and enhanced me to learn in different ways which can help me decide on what I want to do for my future career. I really appreciate you informing my parents about this program.

On the first day, I was taught Cognitive Psychology (about memory) and a general introduction to the study of human behavior. The professor was really sweet and she made us take a few memory tests which I found to be a really fun challenge. We did one experiment where we made paper airplanes in an assembly line and saw which team had the best paper airplane and what needed to be improved as well. That experiment was an example of psychology in business. It was also considered to be Applied Psychology which is job analysis for testing and assessment.

On the second day, we started the day off with another experiment for social psychology. The experiment was testing people's reaction when someone drops money, whether or no they take it, inform the person, ignore it, or give it back to the person. We also tested to see if being in groups would change people's reactions as well. The group and I added our data together and created a graph by using the program, SPSS. We also worked on powerpoints so that we could present experiment result to the parents on the last day. For the second half of the day, I learned about positive psychology in which I was taught about meditation and looking at situations with positivity. I was amazed this form of psychology because I think help to relax, reflected and restore my mind, it can lead a happy and fulfilling life.

On the third day, I learned about analyzing dreams and neuropsychology. It was rather fun learning about the brain and its functions, as well as how it can help some psychologists figure

out a person's thought process and biological reasoning. We had a few volunteers to share their dreams or nightmares so that we could learn how to take it apart or interpret it. I found the dreams section of the program to be really fun and it allowed me to understand some of my dreams better. On the fourth day, we only did one lesson on fears and developmental psychology. We did some more meditation as a way to calm ourselves from our fears, we listened to a few Gregorian chants while we did so. I found meditating to be very useful in helping to calm down the spirit/soul, especially when thinking about fears.

Therefore, I really appreciated you suggesting this camp to me! It was very useful to me and kept some of my summer active! I was able to learn much about psychology, a field where I wish to take part in the future. So, I really want to Thank you, it was a great experience and I would recommend it to any other students over the summer who wish to get a feel for college and perhaps something to keep them busy.

Regards

Choi-Yi Barry