


And he took bread, gave thanks and broke it, and gave it to them, saying,  
 "This is my body given for you; do this in remembrance of me."

**\*\*\*COMPLETED SHEETS TO BE  
 RETURNED TO THE OFFICE OF FAITH  
 FORMATION BY June 15**

		 Holy Day of Obligation		

**Parents:** Please have your child bring this sheet with you to Mass and receive a stamp as you leave Mass. Upon completion, your child will receive a gift from our priests. Students must receive a stamp at one Holy Day of Obligation:

**Holy Days of Obligation:**

**November 1 - Solemnity of All Saints'**

**December 8 - Solemnity of the Immaculate Conception**

**December 25 - Nativity of Our Lord Jesus Christ**

**January 1 - Solemnity of Mary, Mother of God**

**May 18 - Solemnity of the Ascension**

**August 15 - Solemnity of the Assumption of the Blessed Virgin Mary**

**Please note:** On Sundays and other holy days of obligation the faithful are bound to participate in the Mass. **When a holy day of obligation falls on a Monday or on a Saturday, the obligation to participate in the Eucharist is abrogated; in other words, although the day is still celebrated as a holy day, there is no obligation to attend Mass. The three holy days affected are: January 1, Mary Mother of God; August 15th, Assumption of Mary; and November 1, All Saints Day.** The holy days which are never affected are Ascension Thursday, Immaculate Conception and Christmas.

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_