


And he took bread, gave thanks and broke it, and gave it to them, saying,
"This is my body given for you; do this in remembrance of me."

*****COMPLETED SHEET TO BE
RETURNED TO THE OFFICE OF FAITH
FORMATION BY JANUARY 30**

**Please note, this sheet is for grades
1-5.**

		 Holy Day of Obligation		

Parents: Please have your child bring this sheet with you to Mass and receive a stamp as you leave Mass. Upon completion, your child will receive a gift from our priests. Students must receive a stamp at one Holy Day of Obligation:

Holy Days of Obligation:

November 1 - Solemnity of All Saints'

December 8 - Solemnity of the Immaculate Conception

December 25 - Nativity of Our Lord Jesus Christ

January 1 - Solemnity of Mary, Mother of God

May 29 - Solemnity of the Ascension

August 15 - Solemnity of the Assumption of the Blessed Virgin Mary

Please note: On Sundays and other holy days of obligation the faithful are bound to participate in the Mass.

When a holy day of obligation falls on a Monday or on a Saturday, the obligation to participate in the Eucharist is abrogated; in other words, although the day is still celebrated as a holy day, there is no obligation to attend Mass. The three holy days affected are: January 1, Mary Mother of God; August 15th, Assumption of Mary; and November 1, All Saints Day. The holy days which are never affected are Ascension Thursday, Immaculate Conception and Christmas.

Student Name (please print):
